

## 8. SRH INTERNATIONAL WEEK 2017: Course description

<b>Title of Course:</b>	Preparing for the Global World: Using Cross-Cultural Psychology to Understand Self and Others
<b>Language:</b>	English
<b>Course Type:</b>	Seminar
<b>Work Load:</b>	20 hours (including exams on Friday)
<b>Lecturer/Title/ Home University:</b>	Pam Niesluchowski, PsyD; Associate Professor; The Chicago School of Professional Psychology
<b>Course description/ Contents:</b>	As our world becomes increasingly intertwined, it is imperative that we understand both ourselves and others. Misunderstandings based on assumptions about others can cause widespread difficulties and missed opportunities. Failure to understand ourselves and the impact we have on others can cause conflict and distress. This course will provide students with both theory and tools to increase their understanding of themselves and others in this multicultural world.
<b>Learning outcome:</b>	Students will demonstrate an understanding of cultural identity and cultural competence. Students will demonstrate an understanding of their own cultural identity and recognize similarities and differences to others. Students will demonstrate an ability to apply theory of difference to both provided cases and real-life examples
<b>Examination:</b>	Small group presentations
<b>4 questions to be prepared by the students prior to arrival:</b>	How do you define culture? How would you describe your own culture? What assumptions do others have about your culture? How do these assumptions impact your relationships with others?
<b>Essential reading:</b>	Bochner, S. (2003). <i>Culture Shock Due to Contact with Unfamiliar Cultures</i> . Retrieved April 29, 2016, from <a href="http://scholarworks.gvsu.edu/orpc/vol8/iss1/7/">http://scholarworks.gvsu.edu/orpc/vol8/iss1/7/</a>  Community Tool Box (n.d.). Building Relationships with People from Different Cultures. In <i>Cultural Competence and Spirituality in Community Building</i> . Retrieved April 29, 2016, from <a href="http://ctb.ku.edu/en/table-of-contents/culture/cultural-competence/building-relationships/main">http://ctb.ku.edu/en/table-of-contents/culture/cultural-competence/building-relationships/main</a>  The Saylor Foundation (n.d). Understanding Culture. In <i>Leading with Cultural Intelligence</i> . Retrieved April 28, 2016, from <a href="https://open.umn.edu/opentextbooks/BookDetail.aspx?bookId=136">https://open.umn.edu/opentextbooks/BookDetail.aspx?bookId=136</a> (chapter 2, pp. 30-68)  Wang, J. (2002). Knowing the true face of a mountain: Understanding communication and cultural competence. In W. J. Lonner, D. L. Dinnel, S. A. Hayes, & D. N. Sattler (Eds.), <i>Online Readings in Psychology and Culture</i> (Unit 16, Chapter 3), Center for Cross-Cultural Research, Western Washington University, Bellingham, Washington USA. Retrieved April 29, 2016, from <a href="http://www.wvu.edu/culture/Wang.htm">http://www.wvu.edu/culture/Wang.htm</a>